Within a generation, the number of Canadians with dementia will almost double. Baby boomers are aging and dementia is on the rise in Canada.

The Creative Arts can be part of the solution!

Musical activity throughout the lifespan can preserve cognitive functioning in advanced age.

Impacts of Arts Engagement

6. Basting A. Arts in Dementia Care: ‘This is not the end… it’s the end of this chapter.’ Generations. 2006; 30(1):16-20.

In 2011, there were close to 750,000 Canadians living with dementia. By 2031, that number will increase to 1.4 million.

That’s almost 15% of Canadians 65+ living with cognitive impairment including dementia.

If we do nothing, dementia will have a crippling effect on Canadian families, the health care system and economy.

Let’s look at the economic cost of dementia.

In 2011, $33 billion was spent on dementia. By 2040, that number will increase to $293 billion.

“It’s never too late to tap into your creativity. Get artsy, for the health of it, Canada!”

Arts Health Network Canada is the primary national arts and health knowledge sharing, networking and capacity building hub, helping to promote and facilitate the development and growth of arts and health initiatives across Canada. Learn more at artshealthnetwork.ca