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Preface to the third edition

Welcome to the third edition of the Nordoff Robbins Evidence Bank, which once again features a wide range of music therapy and music and health research references and resources, organised into a series of ‘Accounts’.

The aim of this web-based publication is to collate research papers and other key sources of information, to help practitioners locate the resources they need quickly and easily. Following the success of the first (2010) and second (2012) edition, this third edition provides 21 Accounts with over a thousand references. This edition also features 3 new Accounts: Neonatal, Paediatric and Maternal Care (Account 13), Prisons and Detainee Centres (Account 14), and Medical Procedures (Account 15).

In response to overwhelmingly positive responses and comments from practitioners and researchers worldwide, we very much hope to continue publishing a new updated edition of the Evidence Bank every two years.

The web-based Evidence Bank forms part of Nordoff Robbins’ research vision, which is to develop research-related resources for practitioners, scholars, and those with an interest in music therapy and music-and-health research. Other Nordoff Robbins research resources – some of which are freely accessible – include the following:


This guide supports practitioners in their quest to integrate thorough evaluation procedures in their everyday practices, by providing practical guidance for designing, planning and implementing bespoke evaluation projects. Based on the authors’ experience of designing and realising evaluation projects and running training workshops, a range of suggestions are offered for developing appropriate timelines and collection tools, ensuring organisational diplomacy, and managing what can be a delicate balance of truth, fact and perception. This guide will help practitioners to evaluate their services and projects by taking into consideration the unique profile of the practice, the workplace, clients, project participants, and sectors. Published by Jessica Kingsley Publishers.


This guide aims to inspire ethically-aware practitioners to become ethically-aware researchers, evaluators and participants. Conducting a research project, whatever the setting, requires not only knowledge of research methods but also an in-depth understanding of research ethics. Embedded in ‘real life’ experiences of research ethics applications, this guide navigates the reader through research ethics procedures, drawing from legislation and a range of research ethics committee regulations. Although the emphasis is on research, ethical considerations presented in this guide are equally relevant and applicable to other types of enquiry, including monitoring and evaluation projects. Published by Jessica Kingsley Publishers.


IIMTO is an online, open source mailing directory of music therapy organisations, such as associations and training institutions. A total of over 300 contacts from all over the world are currently provided. Usage guidelines, as well as background and supplementary information (such as links to other indexes and directories), can be found in IIMTO. Available for free on the Nordoff Robbins website.
Nordoff Robbins Plus Research Conference Booklet:
Music and Communication: Music Therapy and Music Psychology

This conference booklet contains the abstracts of all the keynotes, responses and poster presentations from the Inaugural Nordoff Robbins Plus Research Conference on music and communication. The conference took place on 20th September 2013 and was organised by the Nordoff Robbins Research Department and the Centre for Music and Science, Faculty of Music, University of Cambridge. Available for free on the Nordoff Robbins website.

Mapping Music and Health: A Nordoff Robbins Consultation
(2011) by Josie Aston.

This report was commissioned by the Nordoff Robbins Research Department and written by freelance arts manager Josie Aston following a thorough examination of the Music and Health arena in the UK. It is interest to music therapists, music and health practitioners, researchers and trainers. Available for free on the Nordoff Robbins website.

Presenting the Evidence: The Up-to-Date Guide for Music Therapists Responding to Demands for Clinical Effectiveness and Evidence-Based Practice

This guide was originally published in 2004 and has been an internationally successful publication. In 2009 a brand new updated and revised version was published. It has been written as a way of responding to the many music and arts therapists who were asking for guidance in how to respond to their managers’ demands for evidence of ‘clinical effectiveness’, but also for help in making sense of ‘evidence-speak’. Available for free on the Nordoff Robbins website.

We would like to thank all colleagues – and especially our research interns Charlotte Cripps and Tatiana Sobolewska – who helped us to create this updated edition; as well as the researchers whose dedication and toll contributes to the ongoing development of evidence nationally and internationally. Without their commitment, the Nordoff Robbins Evidence Bank wouldn’t exist!

We hope the Nordoff Robbins Evidence Bank continues to be a useful resource for music therapy and music and health practitioners and researchers; as well as for policy makers, managers and fundraisers who would like to know more about how and why music works.

The Research Team
Mercédès Pavlicevic, Giorgos Tsiris, Tamar File, Camilla Farrant & Neta Spiro

Nordoff Robbins Research Department
London Centre
February 2014
Overview and Guidelines

What is the Evidence Bank?

The Nordoff Robbins Research Department sources and updates references to current research in order to support music therapy and music and health practitioners, researchers and students. These references are assembled here into ‘Accounts’, which together constitute the Nordoff Robbins Evidence Bank.

The Evidence Bank (3rd Edition) contains 21 accounts, organised by client group, work site or topic:

Account 1 – Autistic spectrum disorders
Account 2 – Special educational needs / learning disabilities
Account 3 – Children and education
Account 4 – Children and families
Account 5 – Emotional and behavioural difficulties
Account 6 – Trauma and abuse
Account 7 – Addictions and eating disorders
Account 8 – Mental health
Account 9 – Neuro-disability and rehabilitation
Account 10 – Cancer care
Account 11 – Elderly and dementia care
Account 12 – Palliative and bereavement care
Account 13 – Neonatal, paediatric and maternal care NEW!
Account 14 – Prisons and detainees centres NEW!
Account 15 – Medical procedures NEW!
Account 16 – Music therapy and technology
Account 17 – Music, arts, health and society
Account 18 – Research ethics
Account 19 – Research methods and methodologies
Account 20 – Training and supervision
Account 21 – Relevant UK policy documents

The Evidence Bank is available on the Nordoff Robbins website (www.nordoff-robbins.org.uk) as a free download.

What is NEW in the 3rd Edition of the Evidence Bank?

This new edition comes with over 1200 references and resources. In addition to updating the pre-existing Accounts, three new Accounts have been introduced:

Account 13 – Neonatal, paediatric and maternal care NEW!
Account 14 – Prisons and detainees centres NEW!
Account 15 – Medical procedures NEW!
What does each ‘Account’ provide?

Each Account includes:

**Selected bibliography (1990-2014)**

**Others useful resources**
- Journals
- Websites
- Relevant UK Policy Documents

Some references and resources are relevant for several topics and are therefore included in more than one Account. For faster access to the topics you are looking for type your keyword by using the ‘find’ function of Adobe Reader by pressing ‘CTRL’ and ‘F’ on your keyboard.

What does the Evidence Bank NOT provide?

The Evidence Bank…

…does NOT provide the actual papers of articles / texts that are cited;

…does NOT cite all and any available literature relevant to a particular field of practice or client group. It focuses on EVIDENCE – on the basis of research;

…is NOT a complete historical archive. We list selected papers only from 1990 onwards!

Updating the Evidence Bank - your contributions

We aim to update the Evidence Bank on a regular basis.

You are invited – and urged – to contribute additional references and resources that fall within the inclusion / exclusion criteria stated above.

Do email your contributions to research@nordoff-robbins.org.uk

Are there any copyright considerations?

The Evidence Bank is an open resource for music therapy, and music and health practitioners, researchers, students, as well as funders and employers of these practices. However, the Evidence Bank is a copyright-protected publication.

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# Account No. 1

## Autistic Spectrum Disorders

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

## Selected bibliography (1990-2014)

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<td>Eren, B., Deniz, J., &amp; DÜzkantar, A.</td>
<td>The effectiveness of embedded teaching through the most-to-least prompting procedure in concept teaching to children with autism within Orff-based music activities</td>
<td>2013</td>
<td>Educational Sciences: Theory &amp; Practice, 13(3), 1877-1885.</td>
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**Other useful resources**

**Journals**
- Autism: The International Journal of Research and Practice
- Autism Research
- Focus on Autism and Other Developmental Disabilities
- Journal of Autism and Developmental Disorders
- Research in Autism Spectrum Disorders

**Websites**
- Autism Independent UK (SFTAH), [www.autismuk.com](http://www.autismuk.com)
- Autism Research Centre, [www.autismresearchcentre.com](http://www.autismresearchcentre.com)
- Autistic Self Advocacy Network (ASAN), [www.autisticadvocacy.org](http://www.autisticadvocacy.org)
- Autism Speaks, [www.autismspeaks.org](http://www.autismspeaks.org)
- National Autism Association, [www.nationalautismassociation.org](http://www.nationalautismassociation.org)
- The National Autistic Society (NAS), [www.nas.org.uk](http://www.nas.org.uk)
- Research Autism: Improving the Quality of Life, [www.researchautism.net](http://www.researchautism.net)

**Relevant UK Policy Documents**
- Services for Adults with Autistic Spectrum Conditions (ASC): Good Practice Advice for Primary Care Trust and Local Authority Commissioners (Department of Health, April 2009) [http://www.nwtdt.com/Events/May09/DH%20guidelines%20commissioning%20Autism.pdf](http://www.nwtdt.com/Events/May09/DH%20guidelines%20commissioning%20Autism.pdf)
Account No. 2
Special Educational Needs and Learning Disabilities

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


Other useful resources

Journals

- Autism: The International Journal of Research and Practice
- British Journal of Learning Disabilities
- Disability and Society
- European Journal of Special Educational Needs
- International Journal of Disability, Development and Education
- International Journal of Special Education
- Journal of Disability Policy Studies
- Journal of Intellectual Disability Research
- Journal of Learning Disabilities
- Journal of Autism and Developmental Disorders
- Journal of Research in Special Educational Needs

Websites

- Autistic Self Advocacy Network (ASAN), www.autisticadvocacy.org
- Autism Speaks, www.autismspeaks.org
- Contact a Family, www.cafamily.org.uk
- The Disability Benefits Consortium (DBC), http://disabilitybenefitsconsortium.wordpress.com/
- Disability Rights, www.disabilityrightsuk.org
- Mencap, www.mencap.org.uk
- The National Autistic Society (NAS), www.autism.org.uk
- People First, www.peoplefirst.com
- PMLD Network, www.pmldnetwork.org
- Turning Point, www.turning-point.co.uk
- United Response, www.unitedresponse.org.uk

Relevant UK Policy Documents

- Valuing People Now Summary Report: March 2009 - September 2010 (Department of Health, December 2010)


- Removing Barriers to Achievement: The Government’s Strategy for SEN (Department of Education, 2004)
The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


**Other useful resources**

**Journals**

- Approaches: Music Therapy & Special Music Education
- British Journal of Music Education
- Child Development
- Children & Society: The International Journal of Childhood and Children’s Services
- Early Childhood Education Journal
- European Journal of Special Needs Education
- International Journal of Disability, Development and Education
INTERNATIONAL JOURNAL OF MUSIC EDUCATION
JOURNAL OF CHILDREN’S SERVICES
JOURNAL OF RESEARCH IN MUSIC EDUCATION
MUSIC EDUCATION RESEARCH

WEBSITES

- Department for Education, www.education.gov.uk
- Education Otherwise, www.education-otherwise.net
- NACE, www.nace.co.uk
- NAGC, for gifted children, www.nagcbritain.org.uk

RELEVANT UK POLICY DOCUMENTS

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


### Other useful resources

#### Journals

- Child and Family Social Work
- Clinical Child and Family Psychology Review
- The Family Journal
- International Journal of Child, Youth and Family Studies
- Journal of Child and Family Studies
- Journal of Child Psychotherapy
- Journal of Children’s Services
- Journal of Family Issues
- Journal of Family Studies

#### Websites

- Children & Young People’s Strategic Partnership (CYPSP), [www.cypsp.org](http://www.cypsp.org)
- Contact a Family, [www.cafamily.org.uk](http://www.cafamily.org.uk)
- Department for Education, [www.education.gov.uk](http://www.education.gov.uk)
- Every Child, [www.everychild.org.uk](http://www.everychild.org.uk)
- The Thomas Coram Foundation for Children, [www.coram.org.uk](http://www.coram.org.uk)

#### Relevant UK Policy Documents

The Family Nurse Partnership Programme (Department of Health, July 2012)

Keep Warm, Keep Well: A Guide for Families (Department of Health, September 2010)
www.direct.gov.uk/prod_consum_dg/groups/dg_digitalassets/@dg/@en/documents/digitalasset/dg_180560.pdf

Account No. 5

Emotional and Behavioural Difficulties

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


**Other useful resources**

**Journals**
- Emotional and Behavioural Difficulties
- Journal of Emotional and Behavioural Disorders

**Websites**
- Children with Emotional and Behavioural Difficulties (Children and Young People’s Strategic Partnership) [www.cypsp.org/emotional-behavioural.htm](http://www.cypsp.org/emotional-behavioural.htm)
- Social, Emotional and Behavioural Difficulties Association [www.sebda.org](http://www.sebda.org)

**Relevant UK Policy Documents**
Account No. 6

Trauma and Abuse

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


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**Other useful resources**

**Journals**

- Clinical Child Psychology and Psychiatry
- Emotional and Behavioural Difficulties
- Journal of Child & Adolescent Trauma
- Journal of Trauma & Dissociation
- Trauma, Violence & Abuse

**Websites**

- The Child Trauma Academy, [www.childtrauma.org](http://www.childtrauma.org)
- The Hideout, [www.thehideout.org.uk](http://www.thehideout.org.uk)
- The National Association for People Abused in Childhood (NAPAC), [www.napac.org.uk](http://www.napac.org.uk)
- Rape Crisis, [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)
- Trauma & Abuse Group (TAG), [www.tag-uk.net](http://www.tag-uk.net)

**Relevant UK Policy Documents**


Three Steps to Escaping Domestic Violence (Home Office, February 2012)


Establishment of Regional Networks of Trauma Care (Department of Health, September 2010)
www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_119424

Improving Safety, Reducing Harm: Children, Young People and Domestic Violence. A Practical Toolkit for Front-line Professionals (Department of Health, November 2009)

Planning for the Psychosocial and Mental Health Care of People Affected by Major Incidents and Disasters: Interim National Strategic Guidance (Department Of Health, July 2009)
www.coe.int/t/dg4/majorhazards/ressources/virtuallibrary/materials/uk/dh_103563.pdf
Account No. 7
Addictions and Eating Disorders

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


### Other useful resources

#### Journals
- Addiction
- Drug and Alcohol Review
- Eating Disorders
- Journal of Addictive Diseases
- Journal of Alcohol and Drug Education
- Journal of Chemical Dependency Treatment
- Substance Abuse

#### Websites
- The Association for Addiction Professionals, [www.naadac.org](http://www.naadac.org)
- British Dietetic Association, [www.bda.uk.com](http://www.bda.uk.com)
- DrugScope, [www.drugscope.org.uk](http://www.drugscope.org.uk)
- Eating Disorders Association, [www.b-eat.co.uk](http://www.b-eat.co.uk)
- Eating Disorders Coalition, [www.eatingdisorderscoalition.org](http://www.eatingdisorderscoalition.org)
- National Association of Anorexia Nervosa and Associated Eating Disorders, [www.anad.org](http://www.anad.org)
- The National Centre for Eating Disorders, [www.eating-disorders.org.uk](http://www.eating-disorders.org.uk)
- National Eating Disorders Association (NEDA), [www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)
- Obsessive Eaters Anonymous, [www.obsessiveeatersanonymous.org](http://www.obsessiveeatersanonymous.org)
- Overeaters Anonymous, [www.oaqb.org.uk](http://www.oaqb.org.uk)
- The Renfrew Center Foundation, [www.renfrew.org](http://www.renfrew.org)
Relevant UK Policy Documents

- Commissioning Treatment for Dependence on Prescription and Over-The-Counter Medicines: A Guide for NHS and Local Authority Commissioners (Public Health England, June 2013)
  www.nta.nhs.uk/atm-guidance.aspx

- Guidance on the Consumption of Alcohol by Children and Young People. A Report by the Chief Medical Officer (Department of Health, December 2009)

- Eating Disorders (Postnote, 2007)
  www.parliament.uk/briefing-papers/POST-PN-287.pdf
The Nordoff Robbins Evidence Bank
(3rd Edition, February 2014)

Account No. 8
Mental Health

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


**Other useful resources**

**Journals**
- European Journal of Psychiatry
- Evidence Based Mental Health
- Journal of Creativity in Mental Health
- The Arts in Psychotherapy

**Websites**
- Borderline Personality Disorder World, [www.bpdworld.org](http://www.bpdworld.org)
- Depression Alliance, [www.depressionalliance.org](http://www.depressionalliance.org)
- Eating Disorders Research, [www.kcl.ac.uk/iop/depts/pm/research/eatingdisorders/index.aspx](http://www.kcl.ac.uk/iop/depts/pm/research/eatingdisorders/index.aspx)
- Improving Access to Psychological Therapies, [www.iapt.nhs.uk](http://www.iapt.nhs.uk)
- Mencap, [www.mencap.org.uk](http://www.mencap.org.uk)
- Mental Health Foundation, [www.mentalhealth.org.uk](http://www.mentalhealth.org.uk)
- MIND (National Association for Mental Health), [www.mind.org.uk](http://www.mind.org.uk)
- The National Institute for Mental Health (NIMHE), [www.nimh.nih.gov](http://www.nimh.nih.gov)
- Rethink, [www.rethink.org](http://www.rethink.org)
- SANELINE, [www.sane.org.uk](http://www.sane.org.uk)
- Scottish Association for Mental Health, [www.samh.org.uk](http://www.samh.org.uk)
- Stand to Reason, [www.standtoreason.org.uk](http://www.standtoreason.org.uk)
- Time to change (leading stigma and anti-discrimination campaign), [www.time-to-change.org.uk](http://www.time-to-change.org.uk)

**Relevant UK Policy Documents**
- Maternal Mental Health Pathway (Department of Health, August 2012)

- Children and Young People's Emotional Wellbeing and Mental Health National Support Team – The learning: 'What good looks like' (Department of Health, April 2011)

- The Economic Case for Improving Efficiency and Quality in Mental Health (Department of Health, February 2011)

- Talking Therapies: A 4 Year Plan of Action (Department of Health, February 2011)

- No Health Without Mental Health: A Cross-Government Mental Health Outcomes Strategy for People of All Ages (Department of Health, 2011)

- New Horizons: A Shared Vision for Mental Health (Department of Health, 2009)

- Mental Health Act 2007 (Department of Health)

- Mental Health Act 1983 (Department of Health)
Account No. 9

Neuro-disability and Rehabilitation

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


**Other useful resources**

**Journals**
- International Journal of Therapy and Rehabilitation
- Journal of Alzheimer's Disease
- Journal of Parkinson's Disease
- Journal of Pediatric Neurology
- NeuroRehabilitation
- Rehabilitation Psychology
- Restorative Neurology and Neuroscience

**Websites**
- Academy of Neurologic Music Therapy [www.colostate.edu/Dept/cbrm/academymissionstatement.html](http://www.colostate.edu/Dept/cbrm/academymissionstatement.html)
- The Brain Injury Association, [www.headway.org.uk](http://www.headway.org.uk)
- Health Professions Council (HPC), [www.hpc-uk.org](http://www.hpc-uk.org)
- Institute for Music and Neurologic Function (IMNF), [http://musictherapy.imnf.org](http://musictherapy.imnf.org)
- The Royal Hospital for Neuro-Disability (RHN), [www.rhn.org.uk](http://www.rhn.org.uk)

**Relevant UK Policy Documents**

- The National Service Framework for Long Term Neurological Conditions National Support for Local Implementation (Department of Health, May 2008)
The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


### Other useful resources

#### Journals

- British Journal of Cancer
- The Cancer Journal
- Cancer Research
- Cancer Research, Therapy and Control
- European Journal of Cancer
- European Journal of Pain
- European Oncology
- Journal of Cancer
- Journal of Cancer Research and Therapeutics
- The Open Cancer Journal
- Palliative Medicine
- Supportive Care in Cancer

#### Websites

- Association for International Cancer Research, [www.aicr.org.uk](http://www.aicr.org.uk)
- Cancer Advice, [www.canceradvice.co.uk](http://www.canceradvice.co.uk)
- Cancer Buddies Network, [www.cancerbuddiesnetwork.org](http://www.cancerbuddiesnetwork.org)
- Cancer Index, [www.cancerindex.org](http://www.cancerindex.org)
- Cancer Recovery Foundation, [www.cancerrecovery.org.uk](http://www.cancerrecovery.org.uk)
- Cancer Research UK, [www.cancerresearchuk.org](http://www.cancerresearchuk.org)
- The European Association for Cancer Research, [www.eacr.org](http://www.eacr.org)
- Maggie’s Cancer Caring Centre, [www.maggiescentres.org](http://www.maggiescentres.org)
- The National Coalition for Cancer Survivorship, [www.canceradvocacy.org](http://www.canceradvocacy.org)
- World Cancer Research Fund, [www.wcrf-uk.org](http://www.wcrf-uk.org)

#### Relevant UK Policy Documents

- Commissioning Cancer Services (Department of Health, July 2011)
  www.gov.uk/government/publications/commissioning-cancer-services

- Cancer Reform Strategy (Department of Health, December 2007)
The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


**Other useful resources**

**Journals**
- Caring Times
- Dementia: The International Journal of Social Research and Practice
- Geriatric Nursing
- Journal of Dementia Care
- The Journal of Gerontology

**Websites**
- Age Concern Camden, [www.ageconcerncamden.org.uk](http://www.ageconcerncamden.org.uk)
- Alzheimer's Society, [www.alzheimers.org.uk](http://www.alzheimers.org.uk)
- Bath Mind Advocacy for Older People, www.bathmind.org.uk/advocacy_older_people.htm
- CareInfo, www.careinfo.org
- Older People’s Advocacy Alliance, www.opaal.org.uk

**Relevant UK Policy Documents**

- Improving Care for People at the End of their Life (Department of Health, March, 2013) www.gov.uk/government/policies/improving-care-for-people-at-the-end-of-their-life
Account No. 12
Palliative and Bereavement Care

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


Krout, R. (2001). The effects of single-session music therapy interventions on the observed and self-reported levels of pain control, physical comfort, and relaxation of hospice patients. *American Journal of Hospice and Palliative Care, 18*(6), 383-390.


Other useful resources

Journals
- American Journal of Hospice and Palliative Medicine
- Death Studies
- End of Life Care
- European Journal of Palliative Care
- Innovations in End-of-Life Care
- International Journal of Palliative Nursing
- Palliative Medicine

Websites
- The Compassionate Friends (TCF), [www.tcf.org.uk](http://www.tcf.org.uk)
- Cruse Bereavement Care, [www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk)
- European Association for Palliative Care, [www.eapcnet.eu](http://www.eapcnet.eu)
- Help the Hospices, [www.helpthehospices.org.uk](http://www.helpthehospices.org.uk)

Relevant UK Policy Documents
- End of Life Care Strategy: Promoting High Quality Care for Adults at the End of their Life (Department of Health, July 2008)

- Palliative Care Statistics for Children and Young People (Department of Health, 2007)

- When a Patient Dies: Advice on Improving Bereavement Services in the NHS (Department Of Health, 2005)
  www.ruh.nhs.uk/patients/advice_and_support/patient_affairs/documents/When_a_patient_dies.pdf
Account No. 13
Neonatal, Paediatric and Maternal Care

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


Hicks, F. (1994). The role of music therapy in the care of the newborn. *Nursing Times*, 91(38), 31-33.


### Other useful resources

#### Journals
- Birth
- Clinical Pediatrics
- Infant Behavior and Development
- Journal of Perinatal Education

#### Websites
- Chelsea and Westminster Hospital (NHS) - Music Therapy for children and young people, [www.chelwest.nhs.uk/services/therapy-services/music-therapy-children](http://www.chelwest.nhs.uk/services/therapy-services/music-therapy-children)
- National Institute for Infant & Child Medical Music Therapy, [www.music.fsu.edu/areas-of-study/music-therapy/certifications/NICU-MT](http://www.music.fsu.edu/areas-of-study/music-therapy/certifications/NICU-MT)
- NICU Music Therapy, [www.nicumusichemistry.com](http://www.nicumusichemistry.com)
- Policy Research Unit in Maternal Health & Care, [www.npeu.ox.ac.uk/prumhc](http://www.npeu.ox.ac.uk/prumhc)

#### Relevant UK Policy Documents
Selected bibliography (1990-2014)


### Other useful resources

#### Journals

- International Journal of Offender Therapy and Comparative Criminology
- International Journal of Prisoner Health
- Journal of Contemporary Criminal Justice
- Journal of Prison Discipline and Philanthropy
- Prison Service Journal

#### Websites

- Association of Visitors to Immigration Detainees, [www.aviddetention.org.uk](http://www.aviddetention.org.uk)
- Detention Action, [http://detentionaction.org.uk](http://detentionaction.org.uk)
- Jail Guitar Doors, [www.jailguitardoors.org.uk](http://www.jailguitardoors.org.uk)
- Music in Prisons, [www.musicinprisons.org.uk](http://www.musicinprisons.org.uk)
The Prison Arts Coalition, http://theprisonartscoalition.com
Prison Reform Trust, www.prisonreformtrust.org.uk
Prisoners’ Advice Service, www.prisonersadvice.org.uk
Prisoners’ Education Trust, www.prisonerseducation.org.uk

Relevant UK Policy Documents

- Future Prisons: A Radical Plan to Reform the Prison Estate (Policy Exchange, 2013)

- Improving Health, Supporting Justice (Department of Health, 2009)
  www.nhsconfed.org/Publications/briefings/2009-Briefings/Pages/Improving-Health-Supporting-Justice.aspx

- The Bradley Report: Lord Bradley’s Review of People with Mental Health Problems or Learning Disabilities in the Criminal Justice System (Department of Health, 2009)
  www.rcpsych.ac.uk/pdf/Bradley%20Report11.pdf

- Prison Service Orders (Ministry of Justice, 2009)
  www.justice.gov.uk/offenders/psos

Medical Procedures

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Other useful resources

Journals
- Biological Research for Nursing
- Journal of Advanced Nursing
- Journal of Clinical Nursing
- Music and Medicine

Websites
- The Institute of Music in Medicine, www.imim.com.au
- International Association for Music & Medicine (IAMM), www.iammonline.com
- International Society for Music in Medicine, http://musicmedicine1.jimdo.com
- Music Medicine Institute, www.musicmedicine.org

Relevant UK Policy Documents
- NHS Consent to Treatment www.nhs.uk/conditions/consent-to-treatment/pages/introduction.aspx
Account No. 16
Music Therapy and Technology

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

Selected bibliography (1990-2014)


### Other useful resources

**Journals**

- Journal of Music, Technology and Education
- Journal of Music Therapy
- Journal of Technology in Music Learning
- Organised Sound: An International Journal of Music and Technology
- Technology and Disability

**Websites**

- Association for the Advancement of Assistive Technology in Europe, [www.aaate.net](http://www.aaate.net)
- Audio Support, [www.audiosupport.co.uk](http://www.audiosupport.co.uk)
- Open Rights Group, [www.openrightsgroup.org/people/advisory](http://www.openrightsgroup.org/people/advisory)
- Soundbeam, [www.soundbeam.co.uk](http://www.soundbeam.co.uk)

**Relevant UK Policy Documents**

- National Endowment for Science, Technology and the Arts (Department for Business Innovation and Skills, 2010) [www.bis.gov.uk/policies/innovation/nesta](http://www.bis.gov.uk/policies/innovation/nesta)
Account No. 17
Music, Arts, Health and Society

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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Smith, T. (2001). Interim evaluation report - common knowledge: The Tyne and Wear Health Action Zone’s Arts and Health Project. Centre for Arts and Humanities in Health and Medicine, University of Durham.


White, M. (2005). In a different kitchen: Community-based arts in health. *Centre for Arts and Humanities in Health and Medicine, University of Durham.* Retrieved from [www.dur.ac.uk/cahhm.info](http://www.dur.ac.uk/cahhm.info)


White, M., & Robson, M. (2003). From ice to fire: Arts in health for social inclusion. *Centre for Arts and Humanities in Health and Medicine, University of Durham.* Retrieved from [www.dur.ac.uk/cahhm.info](http://www.dur.ac.uk/cahhm.info)


Other useful resources

**Journals**
- ArtsPraxis
- Arts & Health: An International Journal for Research Policy and Practice
- Arts in Psychotherapy
- Ethnomusicology
- International Journal of Arts Medicine
- Journal of Applied Arts and Health
- Music & Arts in Action
- Music and Medicine

**Websites**
- Applied Arts and Health: A Network for Practitioners and Researchers, [http://appliedartsandhealth.ning.com](http://appliedartsandhealth.ning.com)
- Arts and Health Australia, [www.artsandhealth.org](http://www.artsandhealth.org)
- Arts & Health South West, [www.ahsw.org.uk](http://www.ahsw.org.uk)
- Arts for Health, [www.artsforhealth.org](http://www.artsforhealth.org)
- Culture and Wellbeing: Using the Arts to Improve the Nation’s Health, [www.cultureandwellbeing.org.uk](http://www.cultureandwellbeing.org.uk)
- Health Arts Society, [www.healtharts.org](http://www.healtharts.org)
- Healthy, Social, Creative, [www.healthysocialcreative.org.uk](http://www.healthysocialcreative.org.uk)
- Music for Health Research Centre (MHRC), [www.anglia.ac.uk/ruskin/en/home/microsites/music_for_health_research_centre.html](http://www.anglia.ac.uk/ruskin/en/home/microsites/music_for_health_research_centre.html)
- Norwegian Forum for Global Health Research, [www.globalhealth.no](http://www.globalhealth.no)
- Voluntary Arts, [www.voluntaryarts.org](http://www.voluntaryarts.org)

**Relevant UK Policy Documents**
- Supporting Vibrant and Sustainable Arts and Culture (Department for Culture, Media and Sport, July 2013) [www.culture.gov.uk/what_we_do/communities_and_local_government/6015.aspx](http://www.culture.gov.uk/what_we_do/communities_and_local_government/6015.aspx)
- Supporting the Library Services Provided by Local Authorities and Making Sure there is a National Collection of Published Material (Department for Culture, Media, and Sport, April, 2013) [www.gov.uk/government/policies/supporting-the-library-services-provided-by-local-authorities](http://www.gov.uk/government/policies/supporting-the-library-services-provided-by-local-authorities)
### Account No. 18
#### Research Ethics

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**Other useful resources**

**Journals**
- BMC Medical Ethics
- Ethics
- International Journal of Internet Research Ethics
- Journal of Academic and Business Ethics
- Journal of Clinical Ethics
- Journal of Empirical Research on Human Research Ethics (JERHRE)
- Journal of Ethics
- Journal of Medical Ethics
- Nursing Ethics: An International Journal for Health Care Professionals
- Online Journal of Health Ethics
- Open Ethics Journal
- Research Ethics Review (The official journal of The Association of Research Ethics Committees)

**Websites**
- Association of Research Ethics Committees, [www.arec.org.uk](http://www.arec.org.uk)
- British Educational Research Association, [www.bera.ac.uk](http://www.bera.ac.uk)
- Centre for Applied Research in Education (University of East Anglia), [www.uea.ac.uk/edu/research/care](http://www.uea.ac.uk/edu/research/care)
- Central Office for Research Ethics Committees (COREC), [www.corec.org.uk](http://www.corec.org.uk)
- Consortium of Institutions for Development and Research in Education in Europe, [www.cidree.org](http://www.cidree.org)
- Department for Education, [www.education.gov.uk/research](http://www.education.gov.uk/research)
- Ethics Research Information Catalogue (ERIC), [www.eric-on-line.co.uk](http://www.eric-on-line.co.uk)
The Nordoff Robbins Evidence Bank Account No. 18: Research Ethics

- National Children’s Bureau (NCB) Research Centre, [www.ncb.org.uk/what-we-do/research](http://www.ncb.org.uk/what-we-do/research)
- National Research Ethics Service (NHS), [www.nres.nhs.uk/](http://www.nres.nhs.uk/)
- The Research Informed Practice Site (TRIPS), [www.standards.dfes.gov.uk/research](http://www.standards.dfes.gov.uk/research)
- Scottish Educational Research Association, [www.sera.ac.uk](http://www.sera.ac.uk)
- Social Care Research Ethics Committee (Social Care Institute for Excellence), [www.screc.org.uk](http://www.screc.org.uk)
- Social Research Association, [www.the-sra.org.uk](http://www.the-sra.org.uk)
- Social Science Research Ethics, [www.lancs.ac.uk/researchethics](http://www.lancs.ac.uk/researchethics)
- World Federation of Music Therapy (Research and Ethics), [www.wfmt.info/WFMT/FAQ_Research.html](http://www.wfmt.info/WFMT/FAQ_Research.html)

**Relevant UK Policy Documents**

Account No. 19
Research Methods and Research Methodologies

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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**Other useful resources**

### Journals

- Approaches: Music Therapy & Special Music Education
- The Arts in Psychotherapy
- Australian Journal of Music Therapy
- British Journal of Music Therapy
- Journal of Music Therapy
- Music Therapy Perspectives
- Music & Medicine
- New Zealand Journal of Music Therapy
- Nordic Journal of Music Therapy
- Psychology of Music
- Voices: A World Forum for Music Therapy

### Websites

- Association of Research Ethics Committees, [www.arec.org.uk](http://www.arec.org.uk)
- British Educational Research Association, [www.bera.ac.uk](http://www.bera.ac.uk)
- Centre for Applied Research in Education (University of East Anglia), [www.uea.ac.uk/edu/research/care](http://www.uea.ac.uk/edu/research/care)
- Consortium of Institutions for Development and Research in Education in Europe, [www.cidree.org](http://www.cidree.org)
- Department for Education, [www.education.gov.uk/research](http://www.education.gov.uk/research)
- Ethics Research Information Catalogue (ERIC), [www.eric-on-line.co.uk](http://www.eric-on-line.co.uk)
- National Research Ethics Service (NHS), [www.nres.nhs.uk](http://www.nres.nhs.uk)
- The Research Informed Practice Site (TRIPS), [www.standards.dfes.gov.uk/research](http://www.standards.dfes.gov.uk/research)
- Scottish Educational Research Association, [www.sera.ac.uk](http://www.sera.ac.uk)
- Social Research Association, [www.the-sra.org.uk](http://www.the-sra.org.uk)
- Social Science Research Ethics, [www.lancs.ac.uk/researchethics](http://www.lancs.ac.uk/researchethics)
- World Federation of Music Therapy (Research and Ethics), [http://musictherapyresearch.org/wfmt/](http://musictherapyresearch.org/wfmt/)

Relevant UK Policy Documents

Account No. 20
Training and Supervision

The Evidence Bank is developed by the Nordoff Robbins Research Department and provides a wealth of Music Therapy and Music & Health references to research papers, journals, websites and policy documents. Proposals for new entries can be emailed to: research@nordoff-robbins.org.uk

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### Other useful resources

#### Journals

- Approaches: Music Therapy & Special Music Education
- The Arts in Psychotherapy
- Australian Journal of Music Therapy
- British Journal of Music Therapy
- Journal of Music Therapy
- Music Therapy Perspectives
- Music & Medicine
- New Zealand Journal of Music Therapy
- Nordic Journal of Music Therapy
- Psychology of Music
- Voices: A World Forum for Music Therapy
**Websites**

- British Association for Music Therapy: Music therapy training, [www.bamt.org/training-in-music-therapy.html](http://www.bamt.org/training-in-music-therapy.html)

**Relevant UK Policy Documents**

Account No. 1 - Autistic Spectrum Disorders


- Services for Adults with Autistic Spectrum Conditions (ASC): Good Practice Advice for Primary Care Trust and Local Authority Commissioners (Department of Health, April 2009)
  http://www.nwtdt.com/Events/May09/DH%20guidelines%20commissioning%20Autism.pdf


- ASD Good Practice Guidance (Department of Education, December 2006)

Account No. 2 - Special Educational Needs and Learning Disabilities

- Support and Aspiration: A New Approach to Special Educational Needs And Disability (Department of Health, June 2011)

- Valuing People Now: The Delivery Plan 2010-2011 ‘Making It Happen For Everyone’ (Department of Health)

- Valuing People Now Summary Report: March 2009 - September 2010 (Department of Health, December 2010)


- Removing Barriers to Achievement: The Government’s Strategy for SEN (Department of Education, 2004)

Account No. 3 - Children and Education

- Making Sure Children In Developing Countries Get A Good Education (Department of International Development, 2013)
Youth in Action (British Council: Learning, 2012)  
www.britishcouncil.org/youthinaction-about-youth-in-action.htm

**Account No. 4 - Children and Families**

- Keep Warm Keep Well: Information for Over 60s, Low-Income Families and People Living With a Disability (Public Health England, November 2013)  
- The Family Nurse Partnership Programme (Department of Health, July 2012)  
- Keep Warm, Keep Well: A Guide for Families (Department of Health, September 2010)  
www.direct.gov.uk/prod_consum_dg/groups/dg_digitalassets/@dg/@en/documents/digitalasset/dg_180560.pdf  

**Account No. 5 - Emotional and Behavioural Difficulties**

www.lancashire.gov.uk/corporate/web/viewdoc.asp?id=101551

**Account No. 6 - Trauma and Abuse**

- Working Together to Safeguard Children (Department of Health, August 2013)  
http://media.education.gov.uk/assets/files/pdf/w/working%20together.pdf  
- Domestic Violence and Abuse - Professional Guideline (Department of Health, June 2013)  
- Call to End Violence Against Women and Girls – Action Plan 2013 (Home Office, 2013)  
- Three Steps to Escaping Domestic Violence (Home Office, February 2012)  
- Establishment of Regional Networks of Trauma Care (Department of Health, September 2010)  
- Improving Safety, Reducing Harm: Children, Young People and Domestic Violence. A Practical Toolkit for Front-line Professionals (Department of Health, November 2009)  
- Planning for the Psychosocial and Mental Health Care of People Affected by Major Incidents and Disasters: Interim National Strategic Guidance (Department Of Health, July 2009)  
www.coe.int/t/dg4/majorhazards/ressources/virtuallibrary/materials/uk/dh_103563.pdf
### Account No. 7 - Addictions and Eating Disorders

- Commissioning Treatment for Dependence on Prescription and Over-The-Counter Medicines: A Guide for NHS and Local Authority Commissioners (Public Health England, June 2013)
  [www.nta.nhs.uk/atm-guidance.aspx](http://www.nta.nhs.uk/atm-guidance.aspx)
- Guidance on the Consumption of Alcohol by Children and Young People. A Report by the Chief Medical Officer (Department of Health, December 2009)
- Eating Disorders (Postnote, 2007)

### Account No. 8 - Mental Health

- Maternal Mental Health Pathway (Department of Health, August 2012)
- Children and Young People’s Emotional Wellbeing and Mental Health National Support Team – The learning: ‘What good looks like’ (Department of Health, April 2011)
- The Economic Case for Improving Efficiency and Quality in Mental Health (Department of Health, February 2011)
- Talking Therapies: A 4 Year Plan of Action (Department of Health, February 2011)
- No Health Without Mental Health: A Cross-Government Mental Health Outcomes Strategy for People of All Ages (Department of Health, 2011)
- New Horizons: A Shared Vision for Mental Health (Department of Health, 2009)
- Mental Health Act 2007 (Department of Health)
- Mental Health Act 1983 (Department of Health)

### Account No. 9 - Neuro-disability and Rehabilitation

- Department of Health Response to the MEND Association’s Correspondence Campaign for a National Strategy for Motor Neurone Disease (Department of Health, October 2010)
- Response to the Formation of the All Party Parliamentary Group on Huntingdon’s Disease (Department of Health, June 2010)

The National Service Framework for Long Term Neurological Conditions National Support for Local Implementation (Department of Health, May 2008)

Account No. 10 - Cancer Care

- Helping More People Survive Cancer (Department of Health, March 2013)
  www.gov.uk/government/policies/helping-more-people-survive-cancer


- Commissioning Cancer Services (Department of Health, July 2011)
  www.gov.uk/government/publications/commissioning-cancer-services

- Cancer Reform Strategy (Department of Health, December 2007)

Account No. 11 - Elderly and Dementia Care

- Improving Care for People at the End of their Life (Department of Health, March, 2013)

- End of Life Care Strategy: Fourth Annual Report (Department of Health, October 2012)


- Aging Well (Department for Work and Pensions, 2010)
  www.dwp.gov.uk/policy/ageing-society/ageing-well/

- Products, Tools and Aging Society (Department for Work and Pensions, 2010)


- Living Well with Dementia: A National Dementia Strategy (Department of Health, February 2009)

- End of Life Care Strategy: Promoting High Quality Care for Adults at the End of their Life (Department of Health, July 2008)

**Account No. 12 - Palliative and Bereavement Care**


**Account No. 13 - Neonatal, Paediatric and Maternal Care**


**Account No. 14 - Prisons and Detainee Centres**

The Bradley Report: Lord Bradley’s Review of People with Mental Health Problems or Learning Disabilities in the Criminal Justice System (Department of Health, 2009)  
[link](www.rcpsych.ac.uk/pdf/Bradley%20Report11.pdf)

Prison Service Orders (Ministry of Justice, 2009)  
[link](www.justice.gov.uk/offenders/psos)

[link](www.unlock.org.uk/userfiles/file/IAG/Volunteering_Guide_for_prisons.pdf)

Account No. 15 – Medical Procedures

- The NHS Constitution (March 2013)  

- NHS England Policies and Procedures for Primary Medical Services (Primary Care Commissioning, 2013)  

- The Patient Rights (Scotland) Act 2011  
[link](www.legislation.gov.uk/asp/2011/5/contents)

- NHS Consent to Treatment  
[link](www.nhs.uk/conditions/consent-to-treatment/pages/introduction.aspx)

Account No. 16 - Music Therapy and Technology

- National Endowment for Science, Technology and the Arts (Department for Business Innovation and Skills, 2010)  
[link](www.bis.gov.uk/policies/innovation/nesta)

Account No. 17 - Music, Arts, Health and Society

- Supporting Vibrant and Sustainable Arts and Culture (Department for Culture, Media and Sport, July 2013)  
[link](www.culture.gov.uk/what_we_do(communities_and_local_government/6015.aspx)

- Supporting the Library Services Provided by Local Authorities and Making Sure there is a National Collection of Published Material (Department for Culture, Media, and Sport, April, 2013)  
[link](www.gov.uk/government/policies/supporting-the-library-services-provided-by-local-authorities)

- Maintaining World-Leading National Museums and Galleries, and Supporting the Museum Sector (Department for Culture, Media, and Sport, February 2013)  

- Protecting, Conserving and Providing Access to the Historic Environment in England (Department for Culture, Media, and Sport, February 2013)  

Account No. 18 - Research Ethics

[link](www.gov.uk/government/publications/health-research-ethics-committees-governance-arrangements)

- DFID Ethics Principles for Research and Evaluation (Department for International Development, July 2011)  
[link](www.gov.uk/government/publications/dfid-ethics-principles-for-research-and-evaluation)

- Guidance on Nominating a Consultee for Research Involving Adults who Lack Capacity to Consent (Department of Health, February 2008)  


❖ Mental Capacity Act 2005 (Department of Health)

❖ Data Protection Act 1998: Guidelines for Social Research

Account No. 19 - Research Methods and Research Methodologies

❖ Governance Arrangements for Research Ethics Committees: A Harmonised Edition (Department of Health, April 2012)
www.gov.uk/government/publications/health-research-ethics-committees-governance-arrangements

❖ DFID Ethics Principles for Research and Evaluation (Department for International Development, July 2011)
www.gov.uk/government/publications/dfid-ethics-principles-for-research-and-evaluation

❖ Guidance on Nominating a Consultee for Research Involving Adults who Lack Capacity to Consent (Department of Health, February 2008)

❖ Report From the Planning Group on Ethics Review in Social Care Research (Department of Health, December 2007)


❖ Mental Capacity Act 2005 (Department of Health)

❖ Data Protection Act 1998: Guidelines For Social Research

Account No. 20 - Training and Supervision

❖ Improving the Quality of Teaching and Leadership (Department for Education, November 2013)

❖ Standards of Education and Training (HPC, September 2009)
www.hpc-uk.org/aboutregistration/standards/sets/index.asp
Other recent Nordoff Robbins Research Department publications...